



Our Next Meeting Information

Date: October 12th/Wednesday
Location: 940 London Ave, Union County Services Building
Time: 1130am – 1pm
Lunch Sponsor: Union County Safety Council
Topic: The Aging Workforce
Speaker: DAVID D. KESSLER, DC, MHA, CHCQM, Sedgwick

This and That's from UCSC President Brian Dostanko

This is my last "This and That's" as your Council President. As reported in our last newsletter issue and at our lunch and learn meetings, we have new officers (listed below):

- President: Jose Banaag (Honda of America Manufacturing)
Vice President: Heather Mudgett (Milcreast Nursing Home)
Secretary: Brenda Carter (Velocys)

As we make the transition as smooth as possible, we are a little late in getting out this October Newsletter. Much apologies, but better late than never.

As you are aware, your Steering Committee has been surveying more than normal lately. A colleague of mine recently stated that surveys don't mean anything, but your Steering Committee respectfully disagrees. We consider each of you our customer. Without input from you—we would guess at your needs. So we see surveys as a way to guess less, and provide focus.

One of our most important surveys is the annual two-in-one where we ask how we are doing and then ask what topics you'd like for next year. As far as how we're doing. We went over this at October's meeting, but the survey says.....

Rate your overall UCSC experience in 2011:

- Outstanding: 11 - Excellent: 24 - Satisfactory: 1 - No scores less!!

What Topics Would you Like in 2012:

- Safety Supervision & Leadership - 23 (double repeat)
Planning for Disaster – 22
Heat Stress - 21 (double repeat)
Defensive Driving – 21
Workplace Violence – 21
Fire Safety (with extinguisher use!) – 20 (repeat)
Basic First Aide – 19 (held in 2010)
Power Tool Safety – 17
Electricity: Wires, Cables, Static – 17 (repeat)
Falls & Ladders - 16
What's New in OSHA – 15 (repeat)

So in the weeks ahead, your new Steering Committee Officers will work diligently to bring these topics before you in 2012. The last think I would like to say is what a great honor it was to serve all of you. Together, we really can all make a difference; and if we can make a difference regarding the safety of our employees, that's even better. I will see you at future meetings and I am still here to help!! Be well.

September SPEAKER & SPONSOR SPOTLIGHT!

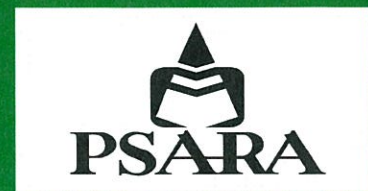


Speaker Ms. Kim Schaeffer (Memorial Hospital)

The topic was "Ergonomics in the Office." We were not able to get a copy of her slides for the newsletter, however, there are many great checklists available on the internet. Most checklist are rather lengthy. Below is an "in-general" checklist that fits our space:

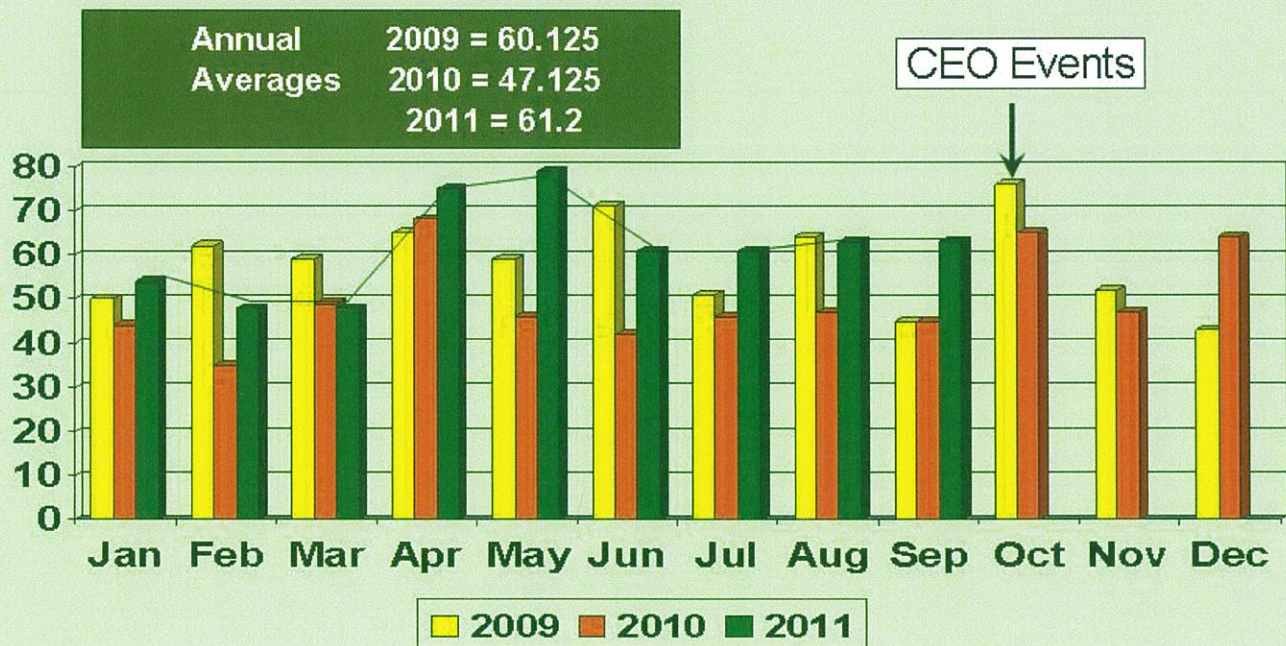
- 1. Identify and correct postural problems
2. Identify and eliminate forceful movements
3. Identify and break up periods of repetitive work
4. Ensure that any early-warning signs are noticed and acted upon
5. Educate supervisors in the recognition and correction of faulty workplace set-out and procedures
6. Train staff to recognize and adjust their own workstations properly
7. Identify and control work peaks
8. Know which staff are most vulnerable to overuse strain
9. Identify and control sources of individual pressures.
10. Educate managers, engineers and designers in preventive measures
11. Require equipment suppliers to conform to your ergonomic specifications
12. Develop an alternative duties program
13. Keep close to people who are off work sick
14. Keep close to doctors treating work-relate injuries to help in recovery and in prevention of future injuries.

Sponsor PSARA Technologies



Carbon Monoxide (CO) !! (September's 2-for-1 Sub-Safety-Topic)

- **What is it:** Poisonous, Colorless, Odorless, & Tasteless Gas
- **How is it created:** Common Hazard, incomplete burning of anything containing carbon; gasoline, kerosene, oil, propane, coal, or wood
- **How is it harmful:** displaces oxygen in the body, causing loss of consciousness & suffocation
- **What are the signs it is effecting us:** Tight chest, headache, fatigue, dizziness, drowsiness, or nausea
- **How do we prevent:** Vent systems, maintain equipment in safe operation, switch to electricity or batteries, CO Monitors....



Website Reminder!! Don't forget to visit our UCSC website at the below link!!!

<http://www.unioncounty.org/chamber-of-commerce/member-center/chamber-committees-ambassadors/safety-council>

Lunch and Learn for the Rest of 2011

Date	Topic	Sponsor	Facilitator
Oct 12	CEO Event <i>"The Aging Workforce"</i>	UCSC	Dr. Robert Kessler CompMgt
Nov 9	PPE	U-Co	Joe Cicero
Dec 14	Accident Investigation	Milcrest	Brian Dostanko City of Marysville